



DO YOU KNOW YOUR HIV/AIDS STATUS

If not, why not? This year is the 30th anniversary of World AIDS Day and it's time to take proper action for yourself and for your loved ones.

Knowing your status is one of the most empowering things you can do for yourself. It takes 20 minutes of your life in exchange for the knowledge for the rest of your life.

Knowing your status will deliver one of two outcomes, either you find out you're infected, or you find out you're not.

If you are infected, you can receive the appropriate treatment like millions of other people who are keeping HIV/AIDS at bay with anti-retroviral treatment. If you are not, you can take the necessary precautions and preventative measures – like always using a condom - to remain that way.

Empower yourself with the knowledge. It is your responsibility. It is your right.

- › In 2017, there were 36.9 million people living with HIV/AIDS



- › 75% of all people living with HIV/AIDS knew their status in 2017
- › That means In 2017, 3 out of 4 people living with HIV knew their status



- › Among people who knew their status, 4 out of 5 were accessing treatment in 2017



- › Among people accessing treatment in 2017, 4 out of 5 were virally suppressed
- › That means 81% of people accessing treatment for HIV/AIDS were virally suppressed

- › Viral suppression: when anti-retroviral treatment reduces a person's viral load to an undetectable amount. The virus still lives in the person, but the anti-retroviral treatment is successfully suppressing it.



- › In 2017, 21.7 million people living with HIV/AIDS were accessing anti-retroviral therapy
- › This has increased by 2.3 million since 2016 and by 8 million since 2010



- › In 2017, 80% of pregnant women with HIV/AIDS accessed anti-retroviral treatment to prevent passing the disease onto their unborn babies